

## What each person will need to bring to Souled Out Summer

- ✓ Sleeping bag, pillow, set of sheets (most beds are single beds, very few are double beds)
- ✓ Bible
- ✓ Pen
- ✓ Small backpack or drawstring bag to carry Bible, Souled Out Student book, pen, paper, etc. from place to place
- ✓ Bath towel and washcloth
- ✓ Bath items for showering, personal hygiene items – toothbrush, soap, shampoo, etc.
- ✓ Beach towel (Please, do NOT use the same towel for bath and beach!)
- ✓ **SUNSCREEN**
- ✓ Modest swimwear for the beach
  - **Girls: modest one piece suit or tankini that covers the belly – NO BIKINIS**
  - **Guys: May wear any shorts type swimsuits that do not reveal underwear**
- ✓ Modest clothing for 5 days at the beach
- ✓ Spending money for lunch on the way and the return trip home T-shirts, snacks, souvenirs, etc.
- ✓ Snacks, snacks, snacks

## What not to bring

Secular music  
Drugs  
Alcohol  
Tobacco products  
Knives or weapons of any kind